

TRAINING SYLLABUS – OVERVIEW 2025/26

- The syllabus below is only a guide to your in-car and online training. The DVSA, Driver and Vehicle Standards Agency stipulate a minimum of 40 hours instructional training sessions, but this may vary depending on experience, knowledge, and other factors. The (Potential Driving Instructor), PDI must complete “NOT less than 60 hours blended training” and signed by trainer once the trainer/establishment providing the training is satisfied of all hours complete.


- *Note: Syllabus can be updated at any time and follows the guidance used in the National Standards for Driver and Rider Training.*


The syllabus is made up of 4 individual modules, and are colour coded to identify each module,

Updated: 01.01.2025 / Material and Designed by Sonny Hussein, Option2Drive DITAC.'


Program Module 1 Exercise:		
1:3	Unit 1/1	➤ Online Version
Duration	Flex – Online or in-car	
2/4	<ul style="list-style-type: none">• (ADI) Part 3 examination process and 17 competencies explained• Reference: National Standards for Driver and Rider Training syllabus• Reference: ADI1 Examiners guidance notes linked to comps• in-car seating and mirror-position	



Program	Module 1 of 2 Exercise Continued:	
1:2	Unit 2/2	➤ Trainer in Role
Duration		
2/4	1. Introduction into client centred approach to training. Your trainer will demonstrate how directions and instructions should be given using a range of coaching methods to suit different learning styles and align to the competencies	
		

Program	Exercise Continued:	
1:3	Unit 2/3	➤ Trainer in Role
Duration		
2/4	✓ The learning space: Fault identification , using a mix of observational techniques at eye-level, hands and feet. This ensures the trainee is equipped with watching the learner and the outside space to minimise risk as align to the competencies. The learner should now be able to implement giving clear and concise route directions whilst watching the learner In role.	
		

Module 2:

Program	Exercise Continued:	
1:2	Unit 2/4	➤ Trainer in Role
Duration		
2/4	✓ By now the trainee will have a better understanding of route directions and watching the learner. The trainee now MUST be able to use basic Q&A techniques to encourage reflection of driving faults with/without telling the client what the fault was, that was committed. (At partly trained stage vs novice driver) Trainer to simulate faults and portrayal. The trainee now, should be able to give route directions, observe faults committed and encourage reflection.	
		

Program Module 3 Exercise:		
1:5	Unit 3/3	➤ Trainer in Role
Duration	Risk Management/Car	
2/4	<ul style="list-style-type: none"> You MUST know and understand that driving has many consequences, through choices and other unknown factors. You must be able change behaviours in those that already may be more experienced, or look at possible changes in newly drivers or partly trained. To do this, you will look at the different consequences/variations and risk patterns in driver behaviour. Here, you will explore the risks by Q&A, reflection and driver patterns to illuminate or reduce risk by what, why and how? 	




Module 3

Program Exercise Continued:		
1:2	Unit 3/4	➤ Online Version
Duration	Flex – Online or in-car	
2/4	<p>✓ Coaching Strategies: Route cause/driver errors/contingency plan, this is where you will look at the root cause of the faults committed.</p> <p>Why did they happen, where was the client looking, what were they feeling or thinking?</p> <p><i>By understanding the route cause will provide a fix/solution to the problem.</i></p> <p><i>By this stage, the trainee should know how to provide route directions, observe learner actions, and encourage reflection using a range of coaching tools. The trainer should now the route cause, and use a mixture of questioning techniques to encourage the learner to identify their own risk, and driver patterns.</i></p>	




Blended learning.	This section of the course can be done online with the hours completed via online contribute to your 40 hours of CPD – Continuing Professional Development.
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Advance coaching, additional training outside the 40 hours* to meet the below requirements:

Program	Exercise Continued:	
1:7	Unit 3/5	➤ Trainer in Role
Duration	Risk Management/Car	
2/4 	<ul style="list-style-type: none"> This section will provide a better understanding how risk and responsibilities should be managed by trainer and learner. Your trainer will provide you with the necessary skills to reduce and manage risk. This is done by a mixture of coaching strategies. Using Q&A to establish Knowledge Understanding and Skill, (KUSA), and a way-forward in a timely manner. To achieve this, the trainer will link part 2 with 3, and how the two tests form a pattern to identify hazards outside the vehicle that may increase driver risk. 	
	<ul style="list-style-type: none"> By now, the trainee should be equipped with watching/observing the learner, fault identification, encouraging reflection, exploring route cause, what the learner would insist on doing differently and the risk patterns. 	

Module 4

Program Module 4 Exercise:		
1:2	Unit 4/4	➤ Online Vervion
Duration	Lesson Planning	
4/8	<div>✓ In this module, you will work with your trainer on how to understand effective lesson plans. This will be based on GROW/SMART model, by author sir John Whitmore. This model looks at the Goals, Reality, the Options and Way-Forward. This approach will give you a starting point at which the lesson should commence and support with Lesson Planning.</div>	
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Program		Exercise Continued:	
1:2	Unit 4/5	➤ Online Version	
Duration		Lesson Planning	
2/4	<ul style="list-style-type: none">Your trainer will assist you with a simple plan that is easy, digestible and simple to put in to practice. This will be a structured plan working around your learner's specific need. Your trainer will work with you to understand the basic principles of "adapting the lesson plan" to suit the needs of Your learner. Addressing the need of your learner is crucial in their development. <i>You will be assessed on how You adapt the lesson to ensure your learner gets value for money and learning has taken place.</i>		

All units above can be adapted to suit the needs and ability of the trainee!

Designed by trainer and course content principle, of Option2drive DITAC

