



How Will I Teach It?

This is about actively listening to your clients every needs and setting goals with prior agreement. Looking at cues from body language, tone of voice and behaviors to pitch the right level of instruction to meet their every needs at which level the lesson should start.

It is also important to remember that every lesson should have a regular pattern from where trainer and pupil had last left from, bringing those existing learning skills in to the current lesson for a smooth transition. Remember when setting goals they should be simple, realistic and achievable. If the goal is too ambiguous it is unlikely to be reached in many cases leaving the pupil feel demotivated and quite possibly they will lose the motivation to learn.

