



ADI TRAINING LOG/

NAME:

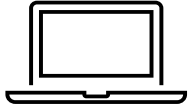
SONNY HUSSEIN | On-road Trainer and Online Trainer and Facilitator.

Trainee Name		Assessed by	Sonny Hussein
Date:	/2023	Trainee PRN	N/A
Mark 0 = Beside "Date Passed" if an unsuccessful attempt.			
ADI 1	Date Passed:	Attempts:	Theory Expiry Date:
ADI 2	Date Passed:	Attempts:	
ADI 3	Date Passed:	Attempts:	

Training Type	Training Method	Aiming for Trainee License:	Sponsoring Driving School
A. Role Play% B. 2:1 Training% C. Learner, Trainee and Learner Ratio%	- Example: A	Yes/No/Not thought this through (Circle above as appropriate). Example: Yes	If applicable, state name of establishment: If not applicable, leave blank.
✓ Instructor Performance & Evaluation Review/Initial Assessment if Carried Out.			
Trainer Comments:			
Trainer Name:	Date:	00/01/2025	

Your Reflective Log

- You MUST bring this log to every training session, and it is recommended that you complete before, during and after sessions.
- You may also be asked to present this log on your ADI 3 test.
- It MUST be filled in by trainee only, not any other persons unless authorised by your trainer to do so.
- You should keep this information personal, and not be shared with any third part unless authorised by your training establishment.
- You should complete all sections of the GROW model as required in this log in order to complete the log and reach the agreed goals.



Login to access files, information and quizzes all in one place with your “Instructor-Top-Up” online portal.

<https://www.option2drive.co.uk/account/blank>

Create an online account, then use the “Password” below to access your FREE Study Resources online.

Password: Option2Drive1

Within the online self-study area, it is recommended that you download and save or print out the study material that you can refer to as a reference guide for your learning.

This reflective log includes the following information:





- Action Plan and Examples
- Drawings, Notes and Attachments
- Training and Development Sheet
- Private Practice, Topics and More

Example use only. *

Training Date: 00/00/2025	
Training Aims: Grow Model	
1. Goals	
What do you want to achieve today?	I would like to have a better understanding of the GROW model, to apply this <u>technique</u> in my coaching.
2. Reality	
What is happening now? What resources will you need?	Now, I will seek training in this area with my trainer whilst in role, then apply what I learnt when I am with a family member to identify their goals/situation.
3. Options	
Options/obstacles What are the barriers? What are the options?	The barriers are that I have no one to apply this to at home, and therefore to overcome this obstacle, I could create my very own personal situation on the road in which I struggle with.
4. Way Forward	
What actions will you take? When will you do this?	The actions or solution to this, is to share my own plan with my trainer, and apply this in future training session and look at online resources to ensure my plan is workable and achievable with a defined outcome.







Drawings – Ideas and Attachments Section,

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Competencies: **A = Achieved** | **B = Recommendations** | **C = (Further development needed)**.

SC/P3 ADI Assess/P3 ADI Assessment = 8 Competencies					
 Training and Development Sheet V.01		Achie'	Rec'	Critical	Critical Development Plan /Yes/No
Trainer Coaching Strategy		A	B	C	
0:1	Did the trainee identify the students' goals and needs? If this competence isn't an A, it will impact on comps 3, and 4 below.				
0:2	Did the trainee listen, repeat, and answer any questions in a timely manner? If this competence isn't an A, it will impact on comps 0.7 and 0.8				
0:3	Did the trainer encourage the student to analyse, take responsibility and self-reflect on their learning? If this competence isn't an A, it will impact on comps 0.1 and 0.4.				
0:4	Was the lesson adapted in any way to help the student work towards new objectives				
0:5	Evidence of timely coaching questions, thought provoking with a "client cantered approach" whilst putting the learner at the heart of the learning environment whilst taking consideration of their-learning style				
0:6	Did the route meet the learning objectives, and did it allow for learning and maximising the learner's full potential?				
Risk Management					
0:7	Was the trainer aware of their surroundings whilst observing the learner, and in control of the lesson taking in consideration of safety or critical incidents?				
0:8	Was the trainer clear, proactive, and timely in their instruction or intervention? Achieving an "A" here would suggest the instructor was proactive and minimised risk.				
Sub Total:		8	8	8	
Total Marks:		0			
Overall%		%			

Private Practice Hours, Topics and Evaluation:

Date	Subjects /Topics Covered	Achieved	Not Achieved	Put into Practice	Signed by Trainer
Total Training Hours Completed to Date:					
 0.3 Final assessment and trainee details. *					
	Initial assessment	Yes			
	Training/development	Yes			
	Final recommendations	Yes			
		Notes:			
	Review of lesson plan	Yes			
	Action plan completed	N/A			
	Plan reviewed and dated	N/A			
Trainer name:		Sonny Hussein			
Trainee name:					

Below is to only be completed if trainer is satisfied of trainee's standard.	N/A		
ORDIT PRN on completion of training:			
Completion date:	27/10/2023		
Training offered by other training establishment	Yes		
Training log supplied by another establishment	N/A		