

2026 ADI 3 & STANDARDS CHECK TIMING SHEET

45 Minutes/guided steps and to be used as a guide only.

A. 3 = minutes - recap/summarise lesson goals
B. 20 = minutes – coaching drive
C. 3 = minutes feedback/summarising events
D. 17 = minutes - consolidation drive (independent drive)
E. 2 = minutes – end feedback at test centre

When put into practice:

A. – 4 minutes to **Summarise Lesson Goals**, and areas of development, **Agree Level of Support** and any questions/concerns learner may have before setting off.

(Briefly introduce examiner to your client at the start).

B. – 15 minutes **Coaching Drive** = This should be a mixture of **Questions and Answers, prompts and x1 behaviour change techniques (BCT)**. Possibly you may add a **Reference Point** for a guided aid, if necessary. (*watch closely for any other driver errors*) *during the coaching element*).

C. – **4 minutes Feedback** to check the client has understood what is expected of them, before **transferring the responsibility** of independents. This is a guide total only, but as a general rule, feedback should be consistent throughout the session.

This should include a summary of section B as a recap, (above) to ensure student had retained the information during the coaching drive.

Independent Drive

D. – 20 minutes Independent/Consolidating what was taken from the coaching drive and now put into practice independently. (watch closely for any other driver errors) during the consolidation element). *(This is a perfect opportunity to adapt the lesson plan, and work on the “need”, if anything else potentially safety or critical arises.*

E. – 2 minutes – end of session feedback back at the test centre. This will include a validation of how the goals were achieved, and what the client can do to better understand the goals whilst outside of their in-car training sessions.

■ All yellow highlighted points, place on a “Post it Note”, and add to your training sessions in numerical order, and even useful for a part 3 exam!

Example:



Place the note on your Dash!

